

SCIENTIFIC RATIONALE

Psychiatric disorders most often begin in adolescence to early adulthood. In many cases, onset occurs with a heterotypic presentation or with non-specific manifestations.

The failure to recognise symptoms of illness early and thus to intervene early, represents a still unmet need in mental health in 2024.

Another unmet need is the continuity of care in the age of transition; in fact, the current organisational system envisages, in most healthcare providers, two different systems responding to the needs of adolescents on the one hand and young adults on the other, with often difficult integration of care.

Alongside this difficulty, disorders requiring specific attention and preparation, such as nutrition and eating disorders, autism spectrum disorders and ADHD, are emerging as new unmet needs in the age of transition.

The Congress of the Italian Society of Psychiatry - Friuli Venezia Giulia Section aims on the one hand to offer a scientific update on unmet needs and new developments in the field of early intervention (pharmacological, psychotherapeutic and rehabilitative), and on the other hand to offer a space for discussion and comparison of experiences for mental health professionals in our region, with particular attention to the integration of care in the age of transition.

WITH THE UNCONDITIONAL CONTRIBUTION OF EG SPA, ROVI, VIATRIS



SCIENTIFIC COMMITTEE

Prof. **Umberto Albert**: Associate Professor of Psychiatry at the University of Trieste; Head of the psychiatric clinic CSM Gambini of the local healthcare services (ASUGI)

Prof. **Matteo Balestrieri**: Full Professor of Psychiatry at the University of Udine; Head of the psychiatric clinic of the local healthcare services (ASUFC)

CONFERENCE VENUE

Palazzo Ferdinando
MIB Trieste – School of Management, Largo Caduti di Nassiriya 1

CME 4.2 training credits for **Surgeons**, specialising in: Pharmacology and Clinical Toxicology, Hygiene, Epidemiology and Public Health, Community Medicine, General Medicine, Neurology, Child Neuropsychiatry, Psychiatry, Psychotherapy; **Healthcare Assistants; Professional Educators; Nurse Educators; Nurses; Psychologists; Psychiatric Rehabilitation Technicians.**

HOW TO PARTICIPATE

Participation in the conference is free of charge and includes: conference kit, certificate of attendance, certificate of training credits, coffee break and working lunch.

Maximum number of participants: 130

REGISTRATIONS on www.depratocongressi.it

Registration at the conference will not be accepted

ORGANISATIONAL SECRETARIAT AND CME PROVIDER

Via Cappuccina 17/A
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DE PRATO
CONGRESSI

UNDER THE PATRONAGE OF



ISP Friuli Venezia
Giulia Congress



UNMET NEEDS AND EARLY INTERVENTION IN MENTAL HEALTH

13th September 2024
Trieste



FACULTY

Prof. **Umberto Albert**: Associate Professor of Psychiatry at the University of Trieste; Head of the psychiatric clinic CSM Gambini of the local healthcare services (ASUGI)

Dr. **Calogero Anzallo**: Head of SPDC, Udine – ASUFC

Dr. **Giovanni Austoni**: Head of the mental health centre, Basso Isontino District, Monfalcone (TS) – ASUGI

Prof. **Matteo Balestrieri**: Full Professor of Psychiatry at the University of Udine; Head of the psychiatric clinic of the local healthcare services (ASUFC)

Dr. **Marco Bertoli**: Head of the Department of Mental Health, Palmanova (UD) – ASUFC

Dr. **Ezio Bertossi**: Department of Child Neuropsychiatry, Cervignano (UD) – ASUFC

Prof.ssa **Emi Bondi**: Head of the Department of Mental Health and Addictions, local healthcare services 'Papa Giovanni XXIII', Bergamo

Dr. **Marco Carrozzì**: Head of the Department of Child Neuropsychiatry and Paediatric Neurology, Burlo Garofalo Research Hospital, Trieste

Dr. **Marco Colizzi**: Psychiatric Clinic, Udine - ASU FC

Dr. **Giovanni Commodari**: Deputy Head of the 24/7 Mental Health Centre 'Tagliamento and Sile' local healthcare services, Pordenone – ASFO

Prof. **Liliana Dell'Osso**: Full Professor of Psychiatry, Head of the Psychiatry Department and Specialisation School in Psychiatry, Pisa Teaching Hospital

Dr. **Domenico Ferrara**: Head of the 24/7 Mental Health Centre 'Udine Nord' – Department of Mental Health, Udine – ASUFC

Prof. **Andrea Fiorillo**: Full Professor of Psychiatry, University of Naples; President of the European Psychiatric Association

Prof. **Giuseppe Maina**: Full Professor of Psychiatry, Department of Neuroscience 'Rita Levi Montalcini', University of Turin, San Luigi Gonzaga Teaching Hospital

Dr. **Cristina Meneguzzi**: Head of the Addiction Medical Area, Acting Director of the Addiction and Mental Health Department, Pordenone – ASFO; Regional Addiction Contact Person, Central Health Directorate, FVG Region

Dr. **Alessandra Oretti**: Head of the of Psychiatric Diagnosis and Treatment Service, Trieste – ASUGI

Dr. **Luca Pellegrini**: University Researcher, Department of Medical, Surgical and Health Sciences, University of Trieste

Prof. **Rita Roncone**: Full Professor of Psychiatry, Department of Medicine, Public Health, Life and Environmental Sciences, University of L'Aquila

Dr. **Roberta Ruffilli**: Head of the Department of Childhood and Adolescence Neuropsychiatry, Pordenone – ASFO

Dr. **Massimo Semenzin**: Head of the Noncello Mental Health Centre, Pordenone – ASFO

Dr. **Daniela Vidoni**: Head of the Department of Neurodevelopmental Disorders and Childhood Psychopathology, Trieste – ASUGI

Dr. **Antonella Vio**: Head of the 'Tagliamento and Sile' Mental Health Centre, San Vito al Tagliamento (PN) – ASFO

Dr. **Paola Zanus Michiei**: Head of the Alto Isontino District Mental Health Centre, Gorizia – ASUGI

PROGRAMME

08.30 Registration of participants

09.00 Greetings from the authorities

09.15 Greetings and introduction by the President of the Italian Society of Psychiatry – **L. Dell'Osso**

SESSION I

Chair: E. Bondi, A. Oretti

09.30 From early intervention to youth mental health. Evolution of a paradigm – **A. Fiorillo**

09.55 Nature, climate, environment and prevention in mental health – **G. Maina**

10.20 Well begun is half done: early intervention in rehabilitation – **R. Roncone**

10.45 Discussion

11.00 Coffee break

SESSION II

Chair: D. Ferrara, M. Semenzin

11.30 The staging of major depression: from detection to treatment resistance – **U. Albert**

11.55 Insomnia: symptom or disorder? Prognostic significance – **M. Balestrieri**

12.20 Early pharmacological interventions in schizophrenia – **G. Commodari**

12.45 Discussion

13.00 Lunch break

SESSION III

Chair: G. Austoni, A. Vio

14.00 Early intervention in obsessive-compulsive spectrum disorders – **L. Pellegrini**

14.25 Mental states at risk: a useful construct in clinical practice? – **M. Colizzi**

14.50 Early intervention on perpetrators of gender violence – **C. Anzallo**

15.15 Discussion

15.30 Round table

Chair: M. Carrozzì, P. Zanus Michiei

From transition age to new emerging pathologies: do we need a new organisation of mental health services?

Discussants: **M. Bertoli, E. Bertossi, C. Meneguzzi, A. Oretti, R. Ruffilli, D. Vidoni**

16.30 Concluding reflections

16.40 Closing remarks