

# Lifestyle Medicine for Managing Metabolic Disorders in Gastrointestinal Disease: Strategies for Prevention and Treatment

‘Limiting the health and socio-economic effects of ageing and the epidemiology of chronic diseases associated with poor lifestyles is a challenge that Italy and the world must address in a constructive way’



**Luigi Fontana, MD, PhD, FRACP**

Professor of Medicine & Leonard P Ullmann Chair in Translational Metabolic Health

Scientific Director, Charles Perkins Centre Royal Prince Alfred Clinic  
Director, “Health for Life” Research, Clinical & Educational Program  
University of Sydney

**25<sup>th</sup> July 2024 at 15:00**

**Main Hall “Rita Levi Montalcini”  
Cattinara Hospital**

Strada di Fiume, 447, 34149 Trieste

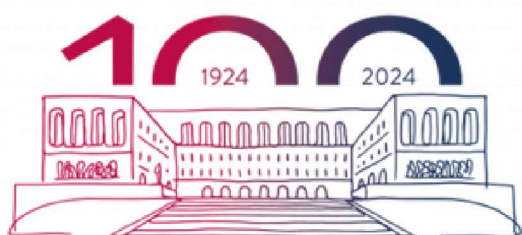
Lectio Magistralis of the Specialisation School in Digestive System Diseases, University of Trieste

**Head of the School: Prof. Saveria Lory Crocè**

Seminar open to all Specialisation Schools

**Presented by: Dott. Fabio Monica**

Head of the Gastroenterology Department  
Cattinara Hospital, Trieste



**UNIVERSITÀ  
DEGLI STUDI  
DI TRIESTE**